Claims

- 1. A basketball shooting aid for demonstrating the correct arc for a player's ball when shooting a basket comprising;
- a hoop like means of a size to allow a player to shoot a ball through it without interference;
- means to support said hoop like means at a height over a player's head; and,

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a base means for supporting said support means in a vertical position, and where said base means supports said support means such that said heep like means extends beyond said base means to allow a player to stand under said heep like means without being interfered with by said base means.

- 2. A basketball shooting aid as in claim 1 wherein said base has a T-shape where a pair of elements from the cross member and a longer member forms the cross member connected to said cross member between said pair of elements, said longer member having a free end to which said support means is connected.
- 3. A basketball shooting aid as in claim 2 wherein said pair of elements are joined together by a T-shaped connector, and said longer member being connected to said T-shaped connector to complete the T-shape of the base.

- 4. A basketball shooting aid as in claim 3 where said hoop like means is adjustable on said support means to raise or lower the height of said hoop-like means.
- 5. A basketball shooting aid as in claim 4 wherein said hoops α like means has a diameter of about 3 feet.
 - 6. A method for improving a basketball player's shooting skills by increasing the arc on a shot consisting of positioning said basketball shooting aid so a player standing under said hoop-like means can make a short quick jump said player has a ball high over his head, as said player jumps, the ball is held high on release where the ball has a higher arc due to the presence of said basketball shooting aid.
- 7. A trajectory training aid as in claim 1, in which said hoop

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 A trajectory trajectory

8. A trajectory training aid as in claim 4, in which the adjustability of said hoop-like means is due to the telescoping action of upper and lower pole members which comprise the support means, said upper pole member and said hoop-like means being removably attached together and move together to raise and lower the height of said hoop-like means.

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